



IND District - IND Regional Weight Verification Form



This form will be used in place of the weigh-in cards for the Individual District and Individual Regional. A copy of your Master Eligibility & Alpha Master must still be supplied to the tournament host by your AD.

Please complete this form (TYPE) and EMAIL it to the Individual District Tournament Manager.

By submitting this form electronically, I/we are CONFIRMING that ALL information is accurate and approved by our school administration.

School: \_\_\_\_\_ H.Coach: \_\_\_\_\_ -> Cell: \_\_\_\_\_ Admin: \_\_\_\_\_

Table with 8 columns: WT, Wrestler, Grade, Alpha, "Scratch" Date, Today's Weight, WIN, LOSS. Row 1: 135, Pat Smith (SAMPLE), 10, 135, 1-10-22, 135, 10, 10.

## IND District – IND Regional Weight Verification Form

Schools MUST supply this form to Tournament Management for **Individual Districts** and the **Individual Regionals**. **A different form will be used for the Girls Only Individual Regional**. Once the Individual tournaments begin, your wrestler's win/loss record will be updated via TrackWrestling as the wrestler's progress through the post season.

For the Individual Tournaments, a weigh-in form will be generated by TrackWrestling that will list all competitors by weight class. This form (Weigh-In Card / Weigh-In Form) is not used for the actual weigh-in and inspection process.

- **Alpha:**
  - This is the lowest allowed weight class a wrestler may compete as determined by the wrestler's alpha assessment.
  
- **"Scratch" Date:**
  - This is the date your wrestler made "scratch" weight for the weight they intend to compete at for this event.
  - If this event is the first that a wrestler intends to make "scratch" for a specific weight, please indicate by including "THIS EVENT" in the space provided on the form.
  
- **Today's Weight:**
  - This is the allowed weight the wrestler is intending to compete at for this event.
  
- **WIN:**
  - Individual Districts:
    - The TOTAL matches WON this year at the VARISITY level by the wrestler, regardless of weight class.
  
- **LOSS:**
  - Individual Districts:
    - The TOTAL matches LOST this year at the VARISITY level by the wrestler, regardless of weight class.