



Middle School / Junior High Wrestling Weight Class Options

Leagues may establish their own weight classification procedure for league, dual meet and league tournaments. Unless mutual agreement is made prior to the date of the competition they shall use the mutual pairings procedure using the weight classification chart as **guidelines** for **determining those pairings**, no wrestler shall be paired where the difference of weight between them is more than one weight class.

70 lbs. 95 lbs. 120 lbs. 155 lbs.
75 lbs. 100 lbs. 125 lbs. 167 lbs.
80 lbs. 105 lbs. 130 lbs. 185 lbs.
85 lbs. 110 lbs. 137 lbs. Heavyweight
90 lbs. 115 lbs. 145 lbs.

Note: All contestants in the Heavyweight Class must weigh at least 168 lbs. The maximum weight allowable for heavyweight wrestlers shall not exceed 250 lbs.