

## 2019 Regional 27-3 Track Meet

Chesaning High School is proud to host the 2019 Track 7 Field Regional #27-3. The hope is that the information provided will help you in your preparations for the Regional meet. If you have any questions please call the Chesaning Athletic Office at (989) 845-2040.

DATE: Friday, May 17, 2019

ADMISSION: \$6:00, NO PASSES

### **GATES OPEN TO THE PUBLIC AT 1:00 PM**

#### ENTRIES DEADLINE:

All qualifiers must be entered into athletic.net by 8:00 PM, Tuesday, May 14, 2019!

#### COMPETING SCHOOLS:

Carrollton	Ithaca	Sanford Meridian
Chesaning	Lakeview	Shepherd
Clare	Montrose	St. Charles
Farwell	Morley Stanwood	St. Louis
Hemlock	Valley Lutheran	Central Montcalm

#### OFFICIATING CREW:

Starters: Kathy Hutfilz/Phil Ouillette

Clerk: Jill Sandro

Referee: Dale Brecht

Referee: Jim Gillis

Timing: Ray Guzy

#### MEET MANAGER:

Jason Hemgesberg, Chesaning High School, Athletic Director

Email: [jhemgesb@chesaning.k12.mi.us](mailto:jhemgesb@chesaning.k12.mi.us) Phone: (989) 845-2040

#### REMINDERS:

1. We have a turf field so please make sure that your athletes clean up after themselves when using the turf to warm up. We ask that athletes do not bring food onto the turf, this would include sunflower seeds, they may have water or other sports drinks.
2. Coaches Boxes will be marked with cones. These will be areas that coaches can use to view/coach their athletes at the various field events.
3. NO TAPE of any kind on runways, jumping areas, lanes/exchanges, or on the turf. CHALK should be used by competitors to mark the various surfaces.

**COACHES MEETING WILL BEGIN AT 12:00 PM IN THE TRACK STORAGE GARAGE NEAR THE MAIN ENTRANCE TO THE STADIUM.**

**COACHES PACKETS WILL BE GIVEN OUT AT THE COACHES MEETING**

**FIELD EVENT SCRATCHES FOR HIGH JUMP AND POLE VAULT ARE DUE AT 12:45 PM  
ALL OTHER FIELD EVENT SCRATCHES ARE DUE AT 1:45 PM**

IMPLEMENT WEIGH IN:

12:30 to 1:30 in Storage Garage (opposite side of coaches meeting) near Concession Area

FIELD EVENT SCHEDULE:

POLE VAULT            1:00 PM START (B), Girls will begin one hour after the boys

HIGH JUMP            1:00 PM START (G), Boys will begin one hour after the girls

SHOT PUT            2:00 PM START (G), Boys will begin one hour after the girls

DISCUS                2:00 PM START (B), Girls will begin one hour after the boys

LONG JUMP            1:00 PM - 2:00 PM    OPEN PIT WARM UPS (B)  
                              2:00 PM - 3:15 PM    OPEN PIT PRELIMS (B)  
                              *\*\*FINALS will take place immediately following or before the 75-minute  
                              time limit if prelims finish early.*  
                              4:00 PM - 5:00 PM    OPEN PIT WARM UPS (G)  
                              5:00 PM - 6:15 PM    OPEN PIT PRELIMS (G)  
                              *\*\*FINALS will take place immediately following or before the 75 minute  
                              time limit if prelims finish early.*

RUNNING EVENT SCHEDULE:

PRELIM SCRATCHES DUE TO THE PRESSBOX BY 3:00 PM

3:00 PM                3200 M RELAY - FINAL (G/B)

3:30 PM                PRELIMS (GIRLS RUN FIRST):  
                              100 M DASH (G/B)  
                              100 M HURDLES (G)  
                              110 M HURDLES (B)  
                              200 M DASH (G/B)

\*Pending heat numbers, advancing from the Prelims to the Finals will be as follows:

- Heat winners from each heat and then the fastest times to fill remaining lanes.
  - 2 Heats, 2 heat winners, 6 fastest times to fill available lanes
  - 3 Heats , 3 heat winners, 5 fastest times to fill available lanes
  - 4 Heats, 4 heat winners, 4 fastest times to fill available lanes

1 HOUR BREAK

ALL FINALS SCRATCHES ARE DUE IN THE PRESSBOX BY 5:00 PM

5:25 PM                NATIONAL ANTHEM

5:30 PM                      FINALS BEGIN (GIRLS RUN FIRST)

100 M HURDLES	400 M DASH
110 M HURDLES	300 M HURDLES
100 M DASH	800 M RUN
800 M RELAY	200 M DASH
1600 M RUN	3200 M RUN
400 M RELAY	1600 M RELAY

**The presentation of awards and trophies will be held at the conclusion of all events.**

LOCKER ROOMS: Will not be available, nor will showers.

WARM-UPS: The track will be available for warm ups until 2:45, at which time the track must be cleared . The track will also be available for warm ups during the one hour break before finals.

TRAINER: A trainer will be available throughout the meet and ice/water will be available. Teams are welcome to bring their own trainer and/or ice/water.

PARKING: There will be limited parking available at the high school prior to 3:00 PM. If spectators are looking to attend prior to 3:00 PM I highly suggest parking in the North rectangular lot at the Middle School and walking to the High School. After 3:00 PM parking at the high school will be available for spectators. Buses should drop off at the entrance to the stadium in the back of the high school and then park in the front of the high school if they are staying.

TEAM CAMPS: Team camps can be set up in the grass area to the south east of the track. This will be the area between the baseball/softball fields. Locations will be first come basis, and teams are asked to please clean up after themselves.

SECURITY: Teams are reminded not to leave personal items unattended. Chesaning Union Schools and the MHSAA will not be responsible for any lost or stolen items.

RESULTS: Results will be available for coaches approximately 30 minutes after the completion of the final event. Results will be uploaded to athletic.net. The MHSAA will post results on their website at their earliest convenience. Racetab software will be used and FLASH Timing (FAT) will be used. We will post results throughout the meet on the garage door next to the concession area.

Only athletes warming up or competing are allowed in the infield during competitions.

**COACHES ARE ALLOWED ONLY IN BOXES/DESIGNATED AREAS FOR REVIEW.**

**REMEMBER MHSAA MASTER ELIGIBILITY IS DUE BY TUESDAY, MAY 14TH**