



Coaches:

Welcome to the Cross Country Regional (Div. 26-3, Div. 17-2, & Div. 9-1) at Goodells County Park. The park address for directions is **8345 County Park Dr, Goodells, MI 48027**.

**\*NOTE THIS IS A CHANGE FROM ORIGINAL PLAN TO HOST MEET AT ALGONAC.**

Three regionals will be hosted by Algonac High School at the park on **Saturday, October 26, 2019**. There are three exhibition barns made available for all teams to set up camp (see site map). The schedule is as follows:

**INSPECTION OF COURSE:**

The course and park will be open for review at **8 a.m.**

**MEETING FOR COACHES:**

9:00 a.m. Divisions 3 & 2 @ Visitor's Center

11:15 a.m. Division 1 @ Visitor's Center

**RACE SCHEDULE:**

10:00 a.m. Division 3 Girls

10:30 a.m. Division 2 Girls

11:00 a.m. Division 3 Boys

11:30 a.m. Division 2 Boys

Noon Division 1 Girls

12:30 p.m. Division 1 Boys

1:00 p.m. Girls' Open Race

1:45 p.m. Boys' Open Race

**\$5 charge per individual with a maximum \$50 a team (boys & girls separate teams) will be charged for open races. Fees may be paid by check or cash at the visitor's center any time prior to the open races. Medals awarded to the top 25 finishers in each race.**

**AWARDS:**

12:35 p.m. Division 3 & 2 Boys & Girls

2:30 p.m. Division 1 Boys & Girls

1 Trophy to Winning Team

7 Team Medals to Winning Team Members

15 Medals for Top 15 individuals in each race

Awards will take place at the stage which is located west of the Visitor's Center.

## COMPETING TEAMS

### DIVISION 1 (9-1) 16 Teams

Auburn Hills Avondale  
Clinton Township Chippewa Valley  
Lake Orion  
Macomb Dakota  
Macomb L'Anse Creuse North  
New Baltimore Anchor Bay  
Oxford  
Port Huron  
Port Huron Northern  
Rochester  
Rochester Adams  
Rochester Hills Stoney Creek  
Romeo  
Utica  
Utica Eisenhower  
Utica Ford

### DIVISION 2 (17-2) 17 Teams

Almont  
Armada  
Center Line  
Croswell-Lexington  
Detroit Denby  
Detroit East English  
Detroit Chandler Park  
Hazel Park  
Imlay City  
Macomb Lutheran North  
Madison heights Lamphere  
Marine City  
Marysville  
St. Clair  
St. Clair Shores Southlake  
Warren Regina (Girls Only)  
Yale

### DIVISION (26-3) 24 Teams

Algonac  
Bloomfield Hills Academy of the Sacred Heart (Girls Only)  
Brown City  
Burton Bendle  
Burton Bentley  
Byron  
Capac  
Detroit Central  
Detroit Edison  
Detroit Henry Ford  
Detroit Jalen Rose Leadership Academy  
Detroit Loyola (Boys Only)  
Detroit Osborn  
Detroit Pershing  
Durand  
Grosse Pointe Woods University Liggett  
Madison Heights Bishop Foley  
Memphis  
Mt Morris  
New Haven  
Otisville Lakeville Memorial  
Richmond  
Southfield Bradford Academy  
Warren Michigan Collegiate

### ELIGIBILITY SHEETS:

A copy of your Eligibility Sheets for both boys and girls **must** be on file with Algonac High School by Saturday, October 19, 2019. Email copies to Mitch Landrum at **[mitchell.landrum@algonac.k12.mi.us](mailto:mitchell.landrum@algonac.k12.mi.us)** or mail to him at Algonac High School, 5200 Taft Road, Algonac MI 48001. Eligibility Sheets may also be faxed to 810-794-0040.

### **ENTRY REGISTRATION:**

All entries must be submitted electronically no later than 6 p.m. on Saturday, October 19, 2019. Entries are submitted online at ***athletic.net***. As directed by the MHSAA, a \$50 late fee will be assessed to schools not registering by the October 19 deadline. You may enter up to ten runners in the regional race. Runners registered for the regional race that do not run will automatically be timed in the open race.

### **OPEN RACE:**

**THIS YEAR WE WILL BE TIMING YOUR OPEN RACE RUNNERS - YOU MUST REGISTER THEM ON ATHLETIC.NET SEPARATE FROM THE VARSITY ENTRIES under the Algonac Regional Open Race. DIRECT QUESTIONS ON OPEN RACE REGISTRATION TO** Bob Busquaert, Eastside Racing Company - [fastbob.hrm@gmail.com](mailto:fastbob.hrm@gmail.com)

### **PACKETS:**

The coach's packet will include bib numbers for your runners, safety pins, substitution form, appeal form, course map, and program. Packets will be available in the Visitor's Center. Remember after the races, to get a **MHSAA state packet** for those teams/runners moving on to state finals at **MIS**. Packets will be available in the visitor's center after results are published.

### **RESULTS:**

Results will be provided for all coaches shortly after races are completed at the Visitor's Center. Copies of all results will also be posted on the visitor center windows for spectators and athletes. Results will also be available after the meet on *athletic.net* and *mhsaa.com*. Coaches, we will be timing the open races and results will also be posted on the mentioned websites.

### **TRAINER:**

A trainer will be available for all racers for all of your taping and first aid needs. She will be set up near the end of the finish line chute

### **UNIFORMS:**

All MHSAA rules will be in affect. Watches and jewelry allowed.

### **PARKING:**

All **buses and team vans** are to enter and park from the **north gate** located off Lapeer Road ("old M-21"). All **spectators** are to enter the **south gates** of the park by taking either Goodells Rd. or Castor Rd. to County Park Drive. There is also handicapped parking available at the parking lot near the splash park area west of the main lot. Overflow parking will be directed across the street to the southern side of the park.

### **DIRECTIONS:**

Take I-69 to the Wales Center Rd exit (189). Go north to Lapeer Rd. ("old M-21"). Make a right on Lapeer heading east. Spectators should turn right on Goodells Road and follow the signs to the parking lots. Participants will find the north entry gate to park ¼ mile further on the right.

### **ADMISSION:**

MHSAA rates are **\$6 per person, maximum \$10 per vehicle**, for entry to the meet.

**NOTE:** To all Spectators, **NO PETS ALLOWED** at the park, VIA MHSAA rules. This differs from Goodells County Park rules. Drones are not allowed to be used in the park throughout the day.

**MHSAA SOUVENIRS:**

MHSAA Souvenirs will be available from vendors - T-shirts, sweatshirts and other apparel will also be sold. These items will be on sale in the middle exhibition barn across from the concession stand.

**CONCESSIONS/RESTROOMS:**

A concession stand will be available throughout the meet in the middle exhibition building. There are no hotels and only one restaurant (*a bar with food*) located in Goodells. There will be restrooms available on each side of the Visitor's Center, and near the spectator parking lot. Those lovely porta potties will also be available.

**OFFICIALS:**

Meet Starter: Paul Matson I.D. #61704  
Asst. Starter - Mike Taylor I.D. # 656785  
Meet Referee: Jim Cleverly I.D. # # 16807  
Meet Finish Line: Mark Brochu I.D. #171197  
Meet Manager: Mitch Landrum  
Meet Director: Dan Shafer  
Games Committee: TBA

**COURSE PREVIEW:**

The course will be lined and ready for preview at any time **starting Wednesday**, October 16. The St. Clair County Park in Goodells is open from 8 a.m. to dusk seven days a week with free admission. Teams are welcome to preview the course during park hours. The course map is a separate file on this entry.

If you have any questions or concerns, please contact Dan Shafer (810-329-9406) or **[coachdshafer@aol.com](mailto:coachdshafer@aol.com)**. Hope your season is going well.

Dan Shafer  
Algonac CC  
Meet Director



**GOODELLS COUNTY PARK  
CROSS COUNTRY COURSE.**

- 1st Mile** —————
- 2nd Mile** - - - - -
- 3rd Mile** \* \* \* \* \*

