

# MHSAA Regional 25-3 & 30-4

Friday October 25<sup>th</sup>, 2019

Shepherd High School

321 S. Fourth Street

Shepherd, MI 48883

**Course Location:** The course is located to the south of the Shepherd Veteran's Memorial Field(Football Stadium) and access to the course is available by entering the Stadium and walking to the south. The start is located on the east practice field. (See Attached Maps)

**Master Eligibility List:** All Master Eligibility Lists need to be send to the Shepherd Athletic office by 6 PM Friday October 11<sup>th</sup>. Send them to [jtravis@shepherdschools.net](mailto:jtravis@shepherdschools.net) or fax to 989-828-5452.

**Entries:** All entries for the Regional are to be submitted electronically on athletic.net by 6 PM on Saturday Oct. 19<sup>th</sup>. Please enter the 9 athletes who will most likely be in the 7 that run at Regionals. Substitutions for any of these athletes may occur on meet day as long as they are listed on the School's Master Eligibility List.

Late entries will be charged \$50 payable to Shepherd Athletics before they are allowed to compete.

**Qualification:** The top three teams automatically qualify for the Finals meet with a possible 4<sup>th</sup> place team qualifying if that team has 4 runners in the top 20 places. All individual medalist(15) qualify for the Finals meet.

**Timing:** Each competitor will be issued a numbered shoe timing chip and a matching bib number. The chip must be affixed to the athletes shoe using the laces of the shoe. Each coach will collect their chips and turn in all of them at the conclusion of the meet. All unused chips MUST be returned as well. Any chips that are not returned will be charged to the school at \$10 per chip.

**Packet/Coaches Meeting:** Packets containing final instructions, bibs, pins, chips, zip ties, course maps and box assignments will be available at the Pole Barn to the south of the Track starting at 1:00 PM. A brief coaches meeting will be held at 2:00 PM in the Pole Barn. (See Attached Maps)

**Uniform and Jewelry:** All runners must compete in a legal uniform. It is the coach's responsibility to ensure that runners conform to the MHSAA and National Federation rules for uniforms and jewelry.

**Awards:** Awards will be presented in the Softball Stadium starting around 5:45 PM with Girls awards first.

**Results:** Will be posted shortly after each race, starting a 30 minute clock for any corrections to be requested. Final results will be available at the awards presentation and online at athletic.net and mhsaa.com.

**PROM:** A Post Region Open Meet will be conducted following the awards presentation. More information will be sent out throughout the Fall regarding the Post Region Open Meet. We are charging \$5 per athlete for entry into the PROM with a max of \$30 per school.

**Admission:** Ticket prices for MHSAA Cross Country tournament events are \$6/person for Regional meets.

**Clothing:** Official souvenir clothing will be available for purchase from the MHSAA's clothing vendor EA Graphics. If items are sold out they can be purchased online at eagraphics.com.

**Animals & Pets:** Animals are not allowed at MHSAA events unless for Medical reasons.

**Bus/Team Parking:** Busses and team vehicles may drop athletes off and then park in Parking Lot #3, the dirt lot to the north of the football stadium concession building. Any busses arriving after 3:15pm may park in the Parking Lot #6, the Schools bus loop. (See Attached Maps)

**Spectator Parking:** Spectators may park in the paved lots to the east and west of the Football Stadium, Parking Lots #1 & #2. Additional parking will also be available in the High School Parking Lots #4 & #5 to the north east of the Football Stadium/Cross Country Course. (See Attached Maps)

**Restrooms:** The Football Stadium restrooms will be open and Port-A-Potties will be located closer to the Start of the course. (See Attached Maps)

**Local Restaurants:** Great dining options are available at the Shepherd Bar & Restaurant, Mitchell's Gourmet Deli and McDonalds.

**Local Hotels:**

Comfort Inn  
2424 South Mission Street  
Mount Pleasant, MI 48858

Fairfield Inn  
2525 University Park Drive  
Mount Pleasant, MI 48858

Super 8  
2323 South Mission Street  
Mount Pleasant, MI 48858

**Please Contact Jay Travis at [jtravis@shepherdschools.net](mailto:jtravis@shepherdschools.net) or Carey Hammel at [careyhammel@gmail.com](mailto:careyhammel@gmail.com) if you have any questions.**

# **MHSAA Regional 25-3 & 30-4 @ Shepherd Schedule**

1:00 PM – Course Opens

2:00 PM – Coaches Meeting (Pole Barn)

3:00 PM – Division 4 Girls Race

3:40 PM – Division 3 Girls Race

4:20 PM – Division 4 Boys Race

5:00 PM – Division 3 Boys Race

5:45 PM – Division 3 & 4 Awards (Softball Stadium) \*Estimated Time

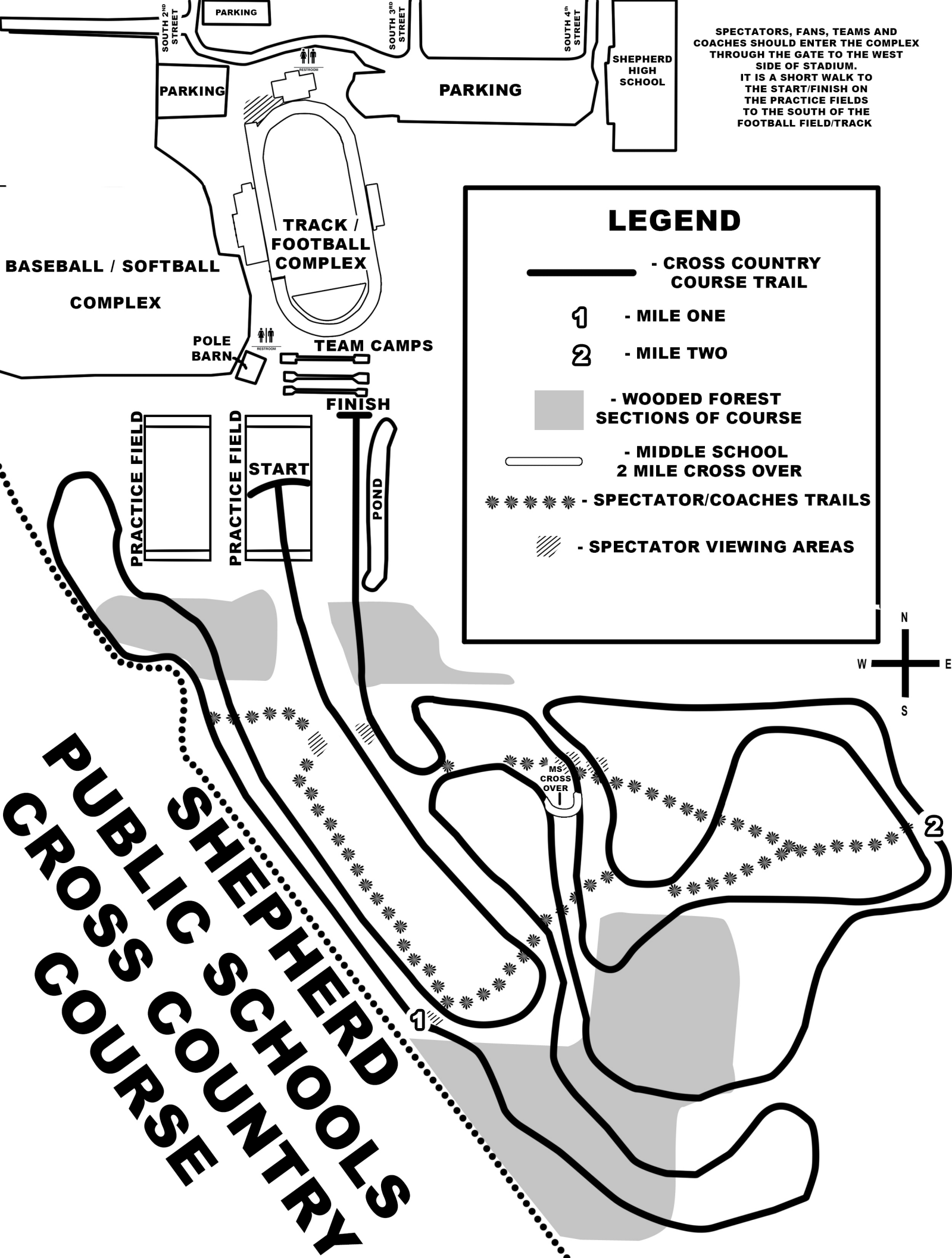
6:00 PM – Post Region Open Meet(PROM) \*After Awards

## **Region 25-3 Teams**

Bad Axe  
Beaverton  
Caro  
Cass City  
Clare  
Hemlock  
Millington  
Pigeon-Laker  
Pinconning  
Reese  
Saginaw-Valley Lutheran  
Sandusky  
Sanford-Meridian  
Shepherd  
Vassar

## **Region 30-4 Teams**

Ashley  
Beal City  
Big Rapids-Crossroads Charter Academy  
Blanchard-Montabella  
Carson City-Crystal  
Coleman  
Fulton  
Hale  
Marion  
McBain Northern Michigan Christian  
Mt. Pleasant-Sacred Heart  
St. Helen-Charlton Heston Academy  
Vestaburg  
White Cloud  
Whittemore-Prescott



SPECTATORS, FANS, TEAMS AND COACHES SHOULD ENTER THE COMPLEX THROUGH THE GATE TO THE WEST SIDE OF STADIUM. IT IS A SHORT WALK TO THE START/FINISH ON THE PRACTICE FIELDS TO THE SOUTH OF THE FOOTBALL FIELD/TRACK

**LEGEND**

— - CROSS COUNTRY COURSE TRAIL

1 - MILE ONE

2 - MILE TWO

■ - WOODED FOREST SECTIONS OF COURSE

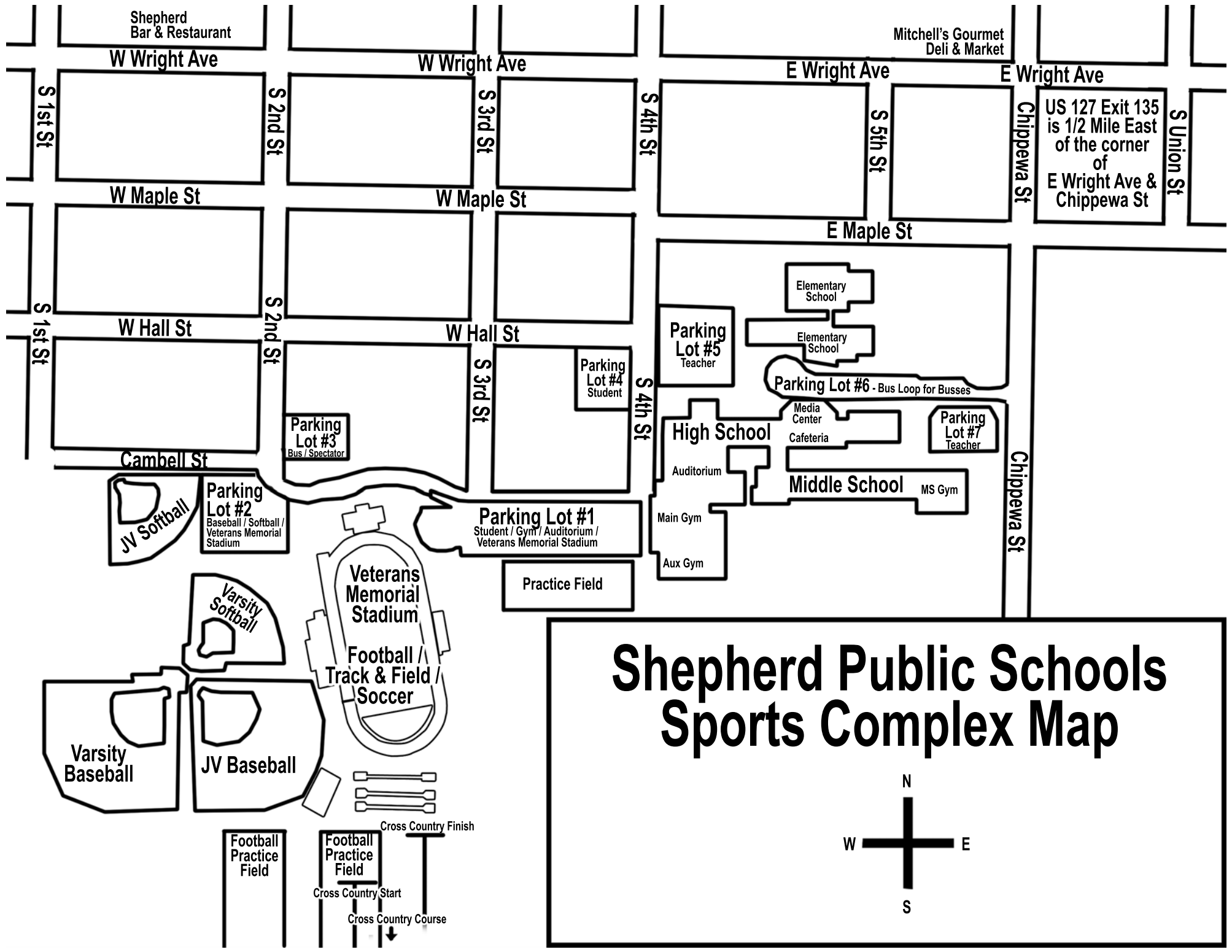
- - - MIDDLE SCHOOL 2 MILE CROSS OVER

\* \* \* \* \* - SPECTATOR/COACHES TRAILS

/// - SPECTATOR VIEWING AREAS



**SHEPHERD SCHOOLS' PUBLIC CROSS COUNTRY COURSE**



# Shepherd Public Schools Sports Complex Map

