

2022-23 U.P. QUALIFYING TIMES

EVENT	UP BOYS	UP GIRLS
200 MED RE	1 entry/team	1 entry/team
200 FR	2:26.16	2:37.18
200 IM	2:54.14	3:00.29
50 FR	0:27.60	0:30.14
100 FLY	1:23.03	1:27.00
100 FR	1:02.69	1:08.88
500 FR	6:52.15	7:05.14
200 FR RE	1 entry/team	1 entry/team
100 BK	1:18.24	1:21.26
100 BR	1:22.64	1:29.08
400 FR RE	1 entry/team	1 entry/team

- There is a minimum standard to the entry process. Each school may enter up to 3 swimmers/divers per event, but each swimmer must meet or exceed the time standard listed for their event.
- A coach shall not enter a diver who cannot do all five dive groups with a certain level of proficiency.