

GIRLS GYMNASTICS COMMITTEE MEETING

East Lansing, September 27, 2017

Members Present:

Steven Baker, Grand Ledge
John Cunningham, MHSJCJA
Debra Davis, St. Johns
Tim Erickson, Rockford
Tom Flynn, Birmingham (MIAAA)
Shannon Gohrmann, Highland
Jason Kasparian, Port Huron
Charlie O'Dell, Grand Rapids
John Thompson, Brighton

Members Absent:

Cindy Briggs, Vassar

Staff Members Present:

Kathy Vruggink Westdorp (Recorder)

GENERAL REVIEW AND PURPOSE OF THE COMMITTEE

The 2017-18 Gymnastics Committee met at the Michigan High School Athletic Association to review its responsibilities as a standing sports committee; review prior Representative Council action; examine current MHSAA gymnastics policy; determine Regional qualifying scores and draw the 2018 Gymnastics Team Finals order. In addition to this agenda, coaching requirements, MHSAA Regulations and Interpretations were reviewed and discussed.

STATUS OF THE SPORT

Committee members viewed a list of the schools which offer gymnastics as well as the number of teams which are currently competing. Members of the committee also received a list of the cooperative programs that exist in gymnastics between schools. Presently there are 80 schools that offer gymnastics and a total of 49 gymnastics teams. In 2016-17, there were 79 schools that offered gymnastics and a total of 48 teams. There are currently 26 approved gymnastics cooperative programs.

Committee members spoke about current schools offering gymnastics and new schools that offer gymnastics. There was a consensus that the promotion of gymnastics within the school had much to do with the coach and the availability of a practice facility or equipment. Although the number of teams and competitors has remained fairly consistent throughout the last few years, it continues to be reiterated that current gymnastics competitors, new gymnastics coaches and new judges must be mentored to increase the pool of coaches and judges in the sport. Overall, the members of the Gymnastics Committee indicated that there was an increase in the number of gymnasts on their teams over the last few years and that several schools are pursuing ways to offer gymnastics through cooperative programs and/or by finding additional qualified coaches and facilities. At this time, there are 58 registered gymnastics judges.

Additionally, committee members reviewed innovative ways to connect with additional judges in the sport of gymnastics. This includes a judge's area at the MHSAA Finals with the opportunity to sign up for judging and become mentored within the sport. Additional points made were opportunities for spectators to receive additional information regarding opportunities in judging gymnastics.

Both the PSTI and Tournament Manager's Materials were received by the Committee and special notice was given to the starting time and schedule for the Team Competition on Friday, March 9, 2018. Check-in will be at 12 noon and competition is scheduled to start at 2:00 p.m. The Individual Competition has a starting time of 12 noon on Saturday, March 10, 2018 and both Divisions will compete together.

Further conversation included the need for a host in Region 4 and schools within the Region will continue to be notified of this need. Upcoming dates and times were reviewed with in-person rules meeting scheduled for Monday, November 6 at the MHSAA (6 p.m.) and Saturday, November 18 at Highland Milford (12 noon). The first day of tryouts and practice is Monday, October 30, 2017 with the first allowable competition on Saturday, November 18, 2017. Regional Tournaments are scheduled for Saturday, March 3 with Finals scheduled for March 9 and 10 at Rockford High School. The MHSAA Girls Gymnastics Tournament is scheduled at Grand Rapids Kenowa Hills High School in 2019 and 2020.

NFHS GIRLS GYMNASTICS RULES BOOK INFORMATION & RULES MEETINGS

Information was provided regarding the 2016-18 Girls Gymnastics Rules Book which includes some new language as well as consistent terminology in all events. The majority of the rule changes reflect the ongoing process of keeping with current trends and terminology and recognizing a variety of elements to better reflect today's high school gymnasts and their performances. Points of emphasis include artistry, evaluating acro passes, professionalism and host management responsibilities.

Online gymnastics rules/risk management meetings will be posted starting Monday, October 16 through Thursday, December 14, 2017. Head Varsity coaches and sub-varsity coaches are required to attend or take the online meeting (during the dates indicated) or they may not coach in the MHSAA Girls Gymnastics Tournament. To qualify to officiate in the MHSAA Tournament, judges must attend or take the online meeting (during the dates indicated) and submit a schedule to the MHSAA.

COACHING REQUIREMENTS

Committee members reviewed information regarding coaching requirements for 2017-18 and future years. The athletic director or principal of each high school must attest that all high school coaches (subvarsity or assistant coaches, paid or volunteer) have completed an MHSAA rules meeting in their sport. High School athletic directors must also attest that all varsity head coaches have a valid current cardiopulmonary resuscitation (CPR) certificate. In addition, each head coach of a varsity high school team, hired for the first time at any MHSAA member high school after July 31, 2016 shall have completed either Level 1 or Level 2 of the MHSAA Coaches Advancement Program (CAP) to coach in the MHSAA Tournament.

OUT-OF-SEASON COACHING CLARIFICATIONS/MHSAA REGULATIONS

Committee members reviewed out-of-season and summer coaching controls. Information regarding the four player period, preseason down time and summer limitations was also reviewed. Specific attention was focused on the number of coaches who are currently running their own facility or practicing at an outside facility and not in the school in which they coach. During the school year coaches are limited to providing coaching in their sport to four students in grades 7-12 of the school district in which they coach. The four player period runs from Monday of the week of August 15 through the Sunday after Memorial Day, exclusive of the actual high school season.

DIVISION 1 AND DIVISION 2 DECLARATION

Committee members discussed Division 1 and Division 2 declaration. Most of the issues that occurred in prior years in which competitors were placed in the wrong Division have been resolved. However, there is continued discussion regarding whether additional gymnastics club and recreation programs should be added to the policy. Further conversation included the hierarchy of the Xcel Program and whether any of the divisions of Xcel (Bronze, Silver, Gold, Platinum and Diamond) equated to the current USAG, USAIGC, or Y Programs. In an effort to gather additional information regarding gymnasts who are competing in Xcel Programs, a survey will be done by the MHSGCJA and a questionnaire will be attached to the Regional Entry form, requesting information as to any prior participation in the Xcel Program. It was further opined that coaches are expected to make conscientious and principled decisions when placing gymnasts in the respective levels of competition.

The current rule for Division 1 and 2 is: A Division 1 gymnast is one who has ever competed in a non-school competition at the USAG Level 8 or above, USAIGC – Intermediate Optional Level or the USAIGC Open Optional Level, or Y Program at Level 8 or competed in the AAU-Michigan qualifying meet judges at Level 8 or a gymnast who has competed in USAG Option 7 or USAIGC Developmental Optional Level or Level 7 equivalent Y Program since January 1, 2016.

GYMNASTICS FINALS FORMAT

The change of format to having one Finals Individual Meet held on Saturday, March 10 starting at 12 noon continues to be supported. Separate awards are given to each of the Divisional placements with both Division 1 and Division 2 competing together. This allowed for greater time between events for gymnasts who compete in several events as well as a single meet being held on Saturday rather than two separate meets. Entries from the Regionals must be carefully reviewed by the host schools so the top eight in each Division are those who are listed to move on to the Individual Finals. The MHSAA will set the rotation in the Individual Finals Competition.

TEAM AND INDIVIDUAL QUALIFYING SCORES

The 2012 through 2017 team and individual qualifying scores for regional entry were reviewed. The 2017 regional participation information and scoring distribution for events at each site was received and discussed in order to assist the committee's charge to establish 2017-18 qualifying scores. In addition, all-around scoring at each Regional was perused. The committee reviewed the 2017 summary of regional scoring and determined that the 2018 Regional qualifying scores were to remain unchanged. The team score would also remain the same as it has been for the last six years. The individual and team scores are as follows:

Vault – 7.9 Bars – 6.8 Beam – 7.4 Floor Exercise – 7.8 Team – 120

Verification of gymnasts' qualifying scores must be signed by the coach and athletic director and the four dates on which the gymnast met or bettered the qualifying score must also be provided for each competitor for each event.

GYMNASTICS FINALS

The Gymnastics Committee reviewed and confirmed the current 2018 Regional and Finals schedule and sites. A site is still needed for Region 4. Committee members verbalized the tasks, equipment and procedures that are necessary to conduct an efficient meet and participated in a draw for order of competition at the 2018 Team Finals. A draw was done to include both a 13 and 12 team rotation and is attached. This draw is also posted on mhsaa.com.

RECOMMENDATIONS TO THE REPRESENTATIVE COUNCIL

There were no recommendations to the Representative Council.

2018 MHSAA GYMNASTICS FINALS ROTATION DRAW

TEAM FINALS - FRIDAY, MARCH 9, 2018

ROCKFORD HIGH SCHOOL

If 13 teams qualify:

ROTATION	WARM-UP	VAULT	BARS	BEAM	FLOOR	COMPETE
1	1:40 p.m.	Reg. 2 – 2nd	Reg. 1 – 2nd	Reg. 3 – 3rd	Reg. 2 – 3rd	2:00 p.m.
2	2:00 p.m.	Reg. 1 – 1st	Reg. 3 – 1st	Reg. 4 – 1st	Reg. 4 – 3rd	2:20 p.m.
3	2:20 p.m.	Reg. 2 – 1st	Reg. 4 – 2nd	Reg. 3 – 2nd	Extra Qual.	2:40 p.m.
4	2:40 p.m.	Reg. 1 – 3rd	Reg. 2 – 2nd	Reg. 1 – 2nd	Reg. 3 – 3rd	3:00 p.m.
5	3:00 p.m.	Reg. 2 – 3rd	Reg. 1 – 1st	Reg. 3 – 1st	Reg. 4 – 1st	3:20 p.m.
6	3:20 p.m.	Reg. 4 – 3rd	Reg. 2 – 1st	Reg. 4 – 2nd	Reg. 3 – 2nd	3:40 p.m.
7	3:40 p.m.	Extra Qual.	Reg. 1 – 3rd	Reg. 2 – 2nd	Reg. 1 – 2nd	4:00 p.m.

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8	4:40 p.m.	Reg. 3 – 3rd	Reg. 2 – 3rd	Reg. 1 – 1st	Reg. 3 – 1st	5:00 p.m.
9	5:00 p.m.	Reg. 4 – 1st	Reg. 4 – 3rd	Reg. 2 – 1st	Reg. 4 – 2nd	5:20 p.m.
10	5:20 p.m.	Reg. 3 – 2nd	Extra Qual.	Reg. 1 – 3rd	Reg. 2 – 2nd	5:40 p.m.
11	5:40 p.m.	Reg. 1 – 2nd	Reg. 3 – 3rd	Reg. 2 – 3rd	Reg. 1 – 1st	6:00 p.m.
12	6:00 p.m.	Reg. 3 – 1st	Reg. 4 – 1st	Reg. 4 – 3rd	Reg. 2 – 1st	6:20 p.m.
13	6:20 p.m.	Reg. 4 – 2nd	Reg. 3 – 2nd	Extra Qual.	Reg. 1 – 3rd	6:40 p.m.

If 12 teams qualify:

ROTATION	WARM-UP	VAULT	BARS	BEAM	FLOOR	COMPETE
1	1:40 p.m.	Reg. 2 – 2nd	Reg. 1 – 2nd	Reg. 3 – 3rd	Reg. 2 – 3rd	2:00 p.m.
2	2:00 p.m.	Reg. 1 – 1st	Reg. 3 – 1st	Reg. 4 – 1st	Reg. 4 – 3rd	2:20 p.m.
3	2:20 p.m.	Reg. 2 – 1st	Reg. 4 – 2nd	Reg. 3 – 2nd	Reg. 1 – 3rd	2:40 p.m.
4	2:40 p.m.	Reg. 2 – 3rd	Reg. 2 – 2nd	Reg. 1 – 2nd	Reg. 3 – 3rd	3:00 p.m.
5	3:00 p.m.	Reg. 4 – 3rd	Reg. 1 – 1st	Reg. 3 – 1st	Reg. 4 – 1st	3:20 p.m.
6	3:20 p.m.	Reg. 1 – 3rd	Reg. 2 – 1st	Reg. 4 – 2nd	Reg. 3 – 2nd	3:40 p.m.

-----BREAK-----

7	4:20 p.m.	Reg. 3 – 3rd	Reg. 2 – 3rd	Reg. 2 – 2nd	Reg. 1 – 2nd	4:40 p.m.
8	4:40 p.m.	Reg. 4 – 1st	Reg. 4 – 3rd	Reg. 1 – 1st	Reg. 3 – 1st	5:00 p.m.
9	5:00 p.m.	Reg. 3 – 2nd	Reg. 1 – 3rd	Reg. 2 – 1st	Reg. 4 – 2nd	5:20 p.m.
10	5:20 p.m.	Reg. 1 – 2nd	Reg. 3 – 3rd	Reg. 2 – 3rd	Reg. 2 – 2nd	5:40 p.m.
11	5:40 p.m.	Reg. 3 – 1st	Reg. 4 – 1st	Reg. 4 – 3rd	Reg. 1 – 1st	6:00 p.m.
12	6:00 p.m.	Reg. 4 – 2nd	Reg. 3 – 2nd	Reg. 1 – 3rd	Reg. 2 – 1st	6:20 p.m.

