



## 2016-17 WRESTLING COMMITTEE MINUTES

January 18, 2017

### Members Present

Todd Cheney; Hartland (MWA)  
Chris Dunham; Battle Creek (MWA)  
Chris Ervin; St. Johns  
Nate Ethridge; Remus  
Wes Gall; Manchester  
Mike Garvey; Kalamazoo (MIAAA)  
Mike Humphry; Monroe  
Russ McKenzie; Madison Heights  
Mike Michelli; Muskegon  
Steve Newkirk; Clare  
Nicole Norris; Corunna  
Pete Ryan; Saginaw  
Kevin Vogel; Temperance  
Duane Watson; Allendale

### Members Absent

Dennis Paquette; Bangor  
John Ray; Monroe

### Michigan Athletic Trainers Society

Fleming, Kevin

### MHSAA Staff

Dan Hutcheson (Recorder)  
Mark Uyl

## INTRODUCTION & PURPOSE

The MHSAA Wrestling Committee met on Jan. 18, 2017 in the MHSAA Office. The committee was reminded of its responsibility and the process for rule changes. The following items were discussed and action was taken.

## DISCUSSION ITEMS

The MWA (Michigan Wrestling Coaches Association) proposed a change to the Team Regional Hosting process, and would like to consider a TBD (To Be Determined) format: On the day following the team district tournament, all participating teams in the team regional will have the opportunity to state their interest in hosting the team regional tournament. A random draw from the interested schools will be held at the MHSAA office to determine the host sites. Rationale: Increased fan interest, attendance and enthusiasm when the host school is participating in the event.

The committee was asked to consider making a headlock finish that becomes an MMA (Mixed Martial Arts) type finish illegal. The move itself is NOT illegal. Only when it restricts air or blood flow does it become illegal. As is the case, this is addressed by page 23: Rule 5-14, Art 2. The committee expressed that we need to better educate our officials in regards to this position.

Potential issues with future individual and team finals locations and general criteria were discussed. The staff hopes to be in a position to discuss during March the options for the MHSAA Individual Wrestling Finals for the 2017-2018 season.

Regulation IV, Section 10, Part 12, #3 (middle school uniforms): "All schools shall provide legal uniforms for the team no later than the third year of the school sponsorship of a wrestling program." This topic will be added to the Jr. HS/MS committee agenda for discussion.

Scrimmage allowance for schools that have extremely low numbers, and as a result there are no practice partners near their weight class. Expanding the scrimmage allowance may allow for such teams to have meaningful practice. There are concerns that allowing teams to practice with other schools could result in both undue influence and transfer rule issues. The MWA will look at potential ideas to help these schools.

Staff will look to develop a user-friendly (FAQ) document in regards to additional weight allowances when facilities are unavailable based on weather or school cancellation. This include steps, protocol and proper procedures.

Staff shared a tentative draft document regarding hygiene and the steps teams and individuals should take to avoid skin issues.

Staff shared an updated "Weigh-In" form that now includes a section for official's "inspection" which includes skin, hair, nails, etc. This updated form is designed to improve the inspection process. It has been indicated that student athletes have avoided inspection if there was a chance that they may fail the inspection and be disqualified. This new form will streamline the process and require all wrestlers on the weigh-in sheet to be present and accounted for during the official's inspection. (Appendix A – Attached)

The following items were discussed but no action was taken:

- Reviewed current weight-classes used by Michigan.
- Compensation of Individual District hosts.
- Continued to identify need for more wrestling officials.
- Clarification of the seeding committee used for the Team finals.
- MHSAA Travel limitation.
- Participation in national high school championships. Staff will supply correct ruling.
- Review regulations regarding: a. shoe laces, b. locked hands, c. arm trap.

## **RECCOMENDATIONS TO THE REPRESENTATIVE COUNCIL**

### **1. Team Regional Hosting Proposal.**

Adopt a TBD (To Be Determined) Team Regional hosting format where the host is select from among the four teams who qualify for that Team Regional, as opposed to the current format where the host is pre-determined. A blind draw would occur after the Team District tournament to select the host among the teams that qualified for that Team Regional. (9-5)

On the day following the conclusion of the team district tournaments, all participating teams in the team regional will have the opportunity to state their interest in hosting the team regional tournament. A random draw from the interested schools will be held at the MHSAA office to determine the host sites.

### **2. Updated the Weigh-In Form/Process to include a section for Inspection, where all participating wrestlers would be subject to inspection by officials. (Appendix A – Attached) (14-0)**

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.  
**HIGH SCHOOL WRESTLING HOME WEIGH-IN RECORD**

The principal or their designee shall be present to conduct weigh-in.

SCHOOL: \_\_\_\_\_ COACH: \_\_\_\_\_ DESIGNEE: \_\_\_\_\_

OPPONENT/EVENT: \_\_\_\_\_ TEAM:  FROSH  JV  VARSITY

WEIGH-IN DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_ COMPETITION DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_ TIME OF "HOME WEIGH-IN" \_\_\_\_\_ A.M./P.M.

⊗ Without a recorded ACTUAL weight, a wrestler may NOT wrestle at the next highest weight class.

WEIGHT CLASS	REF ✓	NAME OF CONTESTANT	⊗ ACTUAL WEIGHT	REF ✓	NAME OF CONTESTANT	⊗ ACTUAL WEIGHT
103						
112						
119						
125						
130						
135						
140						
145						
152						
160						
171						
189						
215						
285						

We, the undersigned administrator and the wrestling coach, hereby certify that the weights recorded on this form are true, correct, and accurate in reference to each of the contestants listed; that the scales upon which these contestants were weighed were checked and were in balance at the time these weights were recorded; that the weights recorded above are the minimum and true weights including fractional units of pounds.

**FOR ADDITIONAL COPIES, TO GO THE WEB - [www.mhsaa.com](http://www.mhsaa.com) on the "Wrestling" sports page.**

\_\_\_\_\_  
SCHOOL ADMINISTRATOR SIGNATURE

\_\_\_\_\_  
WRESTLING COACH SIGNATURE

\_\_\_\_\_  
OFFICIAL SIGNATURE + ID

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.  
**WRESTLING "HOME WEIGH-IN" PROCEDURE for Senior High Schools**

1. Leagues and conferences may adopt home weigh-in procedures by written mutual consent prior to the regular season for all league/conference competition.
  - A. For regular-season duals meets and invitational tournaments, home weigh-in procedures shall be specified on contracts or other written correspondence as a condition of participation. Schools that agree to the conditions of the competition agreement may not subsequently request an onsite weigh-in. Note: Agreements and consent for home weigh-in procedures shall be done through school athletic administration.
  - B. For regular-season competition not governed by league or conference adoption or contractual agreements between schools that specify a home weigh-in as a condition of participation, an onsite weigh-in on the day of competition shall be conducted.

The purpose of this procedure is to make it unnecessary for an early dismissal of wrestlers and to avoid an early arrival at the site of the contest for the usual weigh-in procedure. This form must be completed in all respects and the home school wrestling coach and the visiting school wrestling coach must exchange these forms prior to the start of the meet.

2. On the day prior to a scheduled meet, (dual or individual) **the school administrator or designee (not a coach) shall administer the "Home Weigh-In" no earlier than 3 p.m.** The individual school may select the time which best accommodates their program. All wrestlers on a team shall weigh-in at the same time following the MHSAA/NF weigh-in procedure, but no later than two hours prior to the competition scheduled start time. Wrestlers not present, for any reason, for a home weigh-in may NOT weigh-in for that event. The Home Weigh-in shall be conducted according to the National Federation/MHSAA weigh-in procedure.

3. When a day of school attendance does not precede the scheduled meet, the school administrator or designee (not a coach) shall administer the "Home Weigh-In" in the following manner:
  - A. If the Home Weigh-In is to be held on the day before the meet, it must be **NO** earlier than 3 p.m.
  - B. If the Home Weigh-In is to be held on the day of competition, it must be after 7 a.m. but before 4 p.m.

4. The "Home Weigh-In" procedure will require that **ALL** individuals who may wrestle on the scheduled date, on any team, shall be included on the appropriate (Frosh, JV, Var.) weigh-in list and shall make weight.
  - A. Wrestlers who weigh-in, but do not appear in the line up to receive a forfeit or do not compete will not be charged with a day of competition.
  - B. Only regular season matches between competitors who are both varsity wrestlers at the varsity level qualify for seeding consideration in an Individual District Tournament.

5. Wrestlers shall make scratch weight at the "Home Weigh-In" in order to be eligible to participate in the meet. Actual weight shall be recorded at each weigh-in for each wrestler.

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**INSPECTION**

EACH participating school MUST supply the "inspecting" official (or meet personnel in charge of inspection) with the completed weigh-in portion of the form. Each team will line up by weight (light to heavy) with the head coach PRESENT during inspection.

As the official completes the inspection of EACH individual (skin, hair, nails, etc.) the official:

1. Enters their own initials in the box labeled "REF ✓" approving competition for that wrestler.
2. Does NOT enter their initials if the wrestler in question needs to cut their nails, hair, etc., until the athlete returns in the allotted time with the required corrections, at which point the official would then initial the corresponding box approving that wrestler's participation.
3. Marks an "**X**" in the box for any wrestler NOT passing or NOT present for inspection, and **the wrestler's name should be struck through to indicate they are NOT allowed to participate in the event**. This act MUST be witnessed by the Head Coach. Once inspection is concluded, the completed form is returned to the on-site administrator facilitating the event. This individual will supply a copy to each of the teams participating in the event.

**HIGH SCHOOL WEIGHT CERTIFICATION DATE IS THE DATE OF THE ALPHA WEIGH-IN.  
GROWTH ALLOWANCE (2 POUNDS) OCCURS ON JANUARY 1.**